

# MATRIX

## GO SERIES CHEST PRESS GO-S13



### Give those new to strength training a simple way to improve their upper-body strength.

Oversized neutral grips let users get started with no adjustments needed while reducing stress on shoulder joints. A space-saving design will fit your training area and circuit program as well as it fits your budget.

The guide rods can be removed without any tools at all for quick, easy maintenance. A durable metal shroud withstands tough environments and can be removed with only two bolts to streamline service.



Large, color-coded placard demonstrates start and finish positions while highlighting active muscle groups. Storage space keeps personal device, water bottles and towels in reach while reducing clutter.



Go Series features a small footprint and back-to-back design, improving traffic flow and making it easy to configure your space. Each single-station unit has a low starting weight and minimal to no adjustments, so users can get started right away.

#### FRAME & CABLES

Frame finish	Proprietary two-coat powder process
Available frame color	Iced Silver, Matte Black, Graphite Grey, Gloss Black, Polarized Titanium, Lace White
Cable transmission	Internally lubricated cables and fittings
Machine anchoring locations	Yes

#### USER AMENITIES

Front placards	Muscle call outs, start and finish exercise illustrations
Placard color coding	Yellow (upper body)
Personal storage	Bottle holder and storage area

#### ADJUSTMENTS

Color coded pivots & points of adjustment	Yes
User adjustment range	N/A

#### WEIGHT STACK

Total stack weight	72 kg / 160 lbs.
Weight plate increments	4.5 kg / 10 lbs.
Optional incremental weight	2.3 kg / 5 lbs.
Consistent stack height	Yes, 137 cm / 54"
Weight stack guarding	Full front and rear metal shrouds

#### TECH SPECS

Overall "static" dimensions (L x W x H)	101 x 118 x 137 cm / 39.8" x 46.6" x 54"
Overall "in-use" dimensions (L x W x H)	158 x 118 x 137 cm / 62.2" x 46.6" x 54"
Product weight	166 kg / 366 lbs.
Max user weight	159 kg / 350 lbs.